



**Tena koutou katoa**

It is always enlightening having a visit from John Parsons. John, who is an expert in internet safety, was in the school for another visit last week. He spent time with all of the classes delivering clear messages to the students about the importance of using technology in a safe way so that they can enjoy the devices available to them. We also had a parent session at lunchtime, where he talked to us about ways that we can support our children to make safe choices and develop good habits from an early age. If you weren't able to attend, here are some tips from John:

- No devices in bedrooms from an early age. This is a private space. Nathan Wallis has found through research that there is no benefit at all for children to have screen time from 0 – 2 years of age and that in the early childhood years screen time should be limited to no more than 30 minutes a day. Once children have access to devices, make it a rule that they never use them in the bedroom as this sets them up for when they use them at an older age and makes it so that Caregivers can check in with them from time to time.
- Never give out personal information to a stranger whether that is in person or online. So don't share your full name, address or where you go to school. This needs to be taught from a young age.
- 30 minutes is long enough on a game at one time.
- Keep family, friends and yourself inside your digital boundary. Ask permission to take pictures and get permission to put them on the internet. At the parent session he talked about how important it is that we teach our children by our actions. We need to ask permission. He suggested giving your child the phone to take photos at a family event and telling them to ask permission to take the photos.
- If you are bullied online or not nice things are said online you need to 1. Don't reply 2. Screen shot, 3. Put it in a folder in case you need it as evidence later.
- If you are using social media under the age of 13 (which is the legal age to be allowed to use it), then you must have set your age older than what you are so be aware that the advertising will be aimed at an older age group and may not be appropriate.
- Parents be aware that the R16 and R18 games that some of our children are playing are those ratings for a reason and expect some of those inappropriate behaviours to be normalised and acted out by the children playing them. As a Caregiver, make sure you know what they are playing and the content of it.

Some things that our children don't like is when parents spend too much time on their devices/phones and don't give full attention to them when they are talking. The overall message is that technology is fun and an important part of our lives now, but we need to know how to manage the use of it.

Our year 7 & 8 students travel to Menzies this term and next for a specialist programme. They have been learning about electrical circuits in science, how to work with metal to make a name plate with LED's in it and the Year 8's are making a metal framed table with recycled wood. They are also taking part in a music lesson and team building games. The staff at Menzies College work very hard to accommodate our children and provide them with a stimulating programme that helps to prepare them for a secondary school setting. Mrs Poole and I have visited and liaised with the Menzies staff to meet the individual needs of our students. It can be quite daunting to work to a timetable, have different teachers for each class and to be in a different environment where you aren't the leaders of the school but go back to being the little kids.

Ka pai to wiki  
Kate Stevenson  
Principal

**"Find a group of people who challenge and inspire you; spend a lot of time with them, and it will change your life."**

— Amy Poehler



John Parsons book can be borrowed from the office.

**Calendar of Events:**

- Friday 8<sup>th</sup> September - Room Rua Assembly
- Monday 18<sup>th</sup> September - Book Bus
- Tuesday 19<sup>th</sup> September – BOT Meeting
- Wednesday 20<sup>th</sup> September – No Technology for Yr 7 & 8. School as usual.
- Thursday 21<sup>st</sup> September – School Photos
- Friday 22<sup>nd</sup> September - Room Rima Assembly
- Tuesday 26<sup>th</sup> September - School Production Dress Rehearsal – 1.00pm
- Wednesday 27<sup>th</sup> September – School Production – 7.00pm
- Friday 29<sup>th</sup> September - Last Day Term 3
- Monday 30<sup>th</sup> October - Home & School Meeting – 7.30pm

**Class Reports:**

- Room Tahi:** We are very excited as our new Little Garden from New World has arrived, we are going to be learning how to grow our plants and look after them.
- Room Rua:** We have been having a big focus on fractions over the last few weeks. We can identify fractions of shapes and the symbol for simple fractions. Next time you have pizza or another type of food that is easily split into equal parts, ask your child to help you to cut it in half and then into quarters.
- Room Toru:** We are busy rehearsing for "History Rocks!" We have settled into Technology at Menzies and are enjoying the science and construction we get to do.
- Room Rima:** Our little garden has arrived. The focus this year is pollination but we will also be covering photosynthesis, biodiversity, compost and companion planting. Very exciting.
- Room Wha:** This week we are creating a movie for the Media Mash 5 day challenge. This is based around our school values of Respect, Integrity, Community and Excellence.

We have just signed up as a drop off location for Terracycle. We will collect your old Colgate products and send them away to be recycled. This includes toothpaste boxes, empty toothpaste tubes, toothbrushes, packaging for toothbrushes and empty floss containers.

Send them to school with your child or drop them at the School Office. Please remove any excess product before you send them to school. Thanks for your support.

If you have an orange school vest or spare yellow high vis vest, please return them to School.



If you have any unwanted Tokanui School hoodies or want to order a second hand hoodie (\$10) then please contact Beth 2468 558



Tokanui Home & School new updated telephone lists are now available from the School Office- \$10 per list.

**Zone Sports News** A Facebook Group called 'Southern Zone Schools Sport' has been started; it will have useful information, draws, news and some photos on it.

Home and School Meeting Monday 30<sup>th</sup> October (one week later than usual due to Labour Day) 7.30pm in the Library - all welcome.

**ODD SPOT:**

First Aid: A First Aid Revalidation Course has been booked with the Red Cross for Saturday 9<sup>th</sup> December. If you are interested, please let us know. This course will be half theory on line (4 hours) and half practical to be held at School (4 hours).



**Firewood for Sale  
DRY BLUE GUM**

\$60/m proceeds to Toe Toes Pool

Contact Cheryl Leith 027 2468 721 or Roger Buckingham 2468 434



**Tokanui Medical Centre – Phone 2468 850**

Doctor Days: Wednesday 13<sup>th</sup> September – Abraham  
Wednesday 27<sup>th</sup> September - Abraham

Flu vaccinations will be available on these days. You don't have to be enrolled in this practice to have this vaccination at Tokanui.

Please contact Balclutha Medical Centre to make an appointment and for repeat prescriptions – (03) 4190 400

Anyone wanting a smear test, contact the Tokanui Medical Centre. Emergencies phone 111 Ambulance, Fire and Police.



**Curio Bay Christian Fellowship**

Sharing the love of Jesus

Meeting 1<sup>st</sup> and 3<sup>rd</sup> Sunday of each month Service 10.30a.m  
All Welcome

John & Jenny 2468 722

June 2468 363

Had a busy week? Fortrose Cafe and Restaurant is having a \$15 burger night, Friday 8 September from 5:30pm. Come in and choose from a selection of four homemade burgers.



## “Hot Topics in New Zealand Forage”



With spring now upon us, it's time to start thinking about re-grassing and cropping options and how to maximise profitability.

Farmlands would like to welcome you to an afternoon of presentations and discussions from industry experts Allister Moorhead from Agricom on forage options and their fit into various farming systems and Jason Gray from Infield Group on Livestock nutritional requirements.

**Join us for a bite of lunch with presentations to follow  
Tokanui Tavern - 13<sup>th</sup> September  
12pm – 2.30pm**



### Allister Moorhead – Agricom

After leaving Lincoln in the early 90's with a Masters in Ag Science in focusing on plant science I started career associated with product development and extension that has encompassed all of NZ, temperate farming in Australia and South America. Now based in Canterbury involved in R&D and product development role. Highlights for me included the continue development of Agricom's plantain's from what was thought to be just a weed species to the acceptance of our genetics as a forage plant to a potential environment tool. Being part of the release and successfully commercialisation of AR37 endophyte, and developing the path for such trusted brands as One50 Perennial ryegrass and Relish Red clover.

### Jason Gray – Infield Group

For the past 20+ years, I've been involved in the Rural Agricultural Service industry, firstly in Merchant Retail then Veterinary Retail followed by 8 years in a Technical Sales Role for a multinational animal health company specialising in anthelmintic, ectoparasites and vaccines. In recent years an opportunity presented itself to be involved in a NZ owned nutritional company Infield Group in a business development role along with ownership within the company.

**Contact Brad Downey from Farmlands on 027 652 5546 for more info.**

### Edendale Tennis Club AGM and General Meeting

Tuesday 19th September at Edendale Pub at 7.30pm

All welcome. Apologies to Sandy Smith 021 147 8646

See our Facebook Page Edendale Tennis Club for info about our teams & Club.

### DANCING with the STARS LOCALS!

Interested??

Are you 18 and over?

(way over is fine)

Tutors from

Rachel Ferguson School of Dance

will come to Tokanui once a week.

Practice starts early October.

The big performance is early Dec.

Excited?? – then call....

Janice 2469 566 Cala 2468 434



White coloured cabinet for sale. Buyer collects.  
\$50 donation required for  
Tokanui Swimming Pool.  
Phone 03 246 8517 after 6pm if interested.

### Otara Church Anglican Service

10<sup>th</sup> September – 2.0pm

Afternoon tea to follow

All welcome

Enquiries to Barbara Morrison 2468 403



### VOLUNTEERS NEEDED:

We are extending the Penguin habitat at Curio Bay. South Catlins Charitable Trust has purchased plants with assistance from Southland District Council and Fonterra's Grass Roots fund.

If you are able to spare a hour or three on any day to help plant these natives your assistance will be greatly appreciated.

We will be planting on Monday 11th, Tuesday 12th, Wednesday 13th and Friday 15th September starting at 10am each day until 2pm approx.

Please bring a spade and hi viz vest (if you have them) Tea and coffee supplied but please supply your own food.

For further information please contact Julie Keast on 027 2206 404 or 2468 410

**This week's joke:** If you see an elephant in your car, what time is it?

*Time to get a new car.*

Anyone interested in coaching tennis or obtaining their Tennis NZ Community Coach Certificate please contact Jo Grimwood at Tennis Southland.

### ICE-WORLD

Ice Fest southland

The Ice World pop-up Ice Rink is coming to Invercargill for Ice Fest Southland. Located in Gala Street Reserve from 23<sup>rd</sup> September until 15<sup>th</sup> October.

Open 9.00am to 9.00pm daily (10.00pm Fridays and Saturdays).



Maths Afternoon



Johnstone Contracting - delivering solutions to you this winter and also delivering this newsletter to the community. Talk to us now about winter work - now operating a 5 tonne digger with Tip trailer. Get those little jobs about the place tidied up now. Call 027 454 9024.



Thank you for supporting those who support our school.

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